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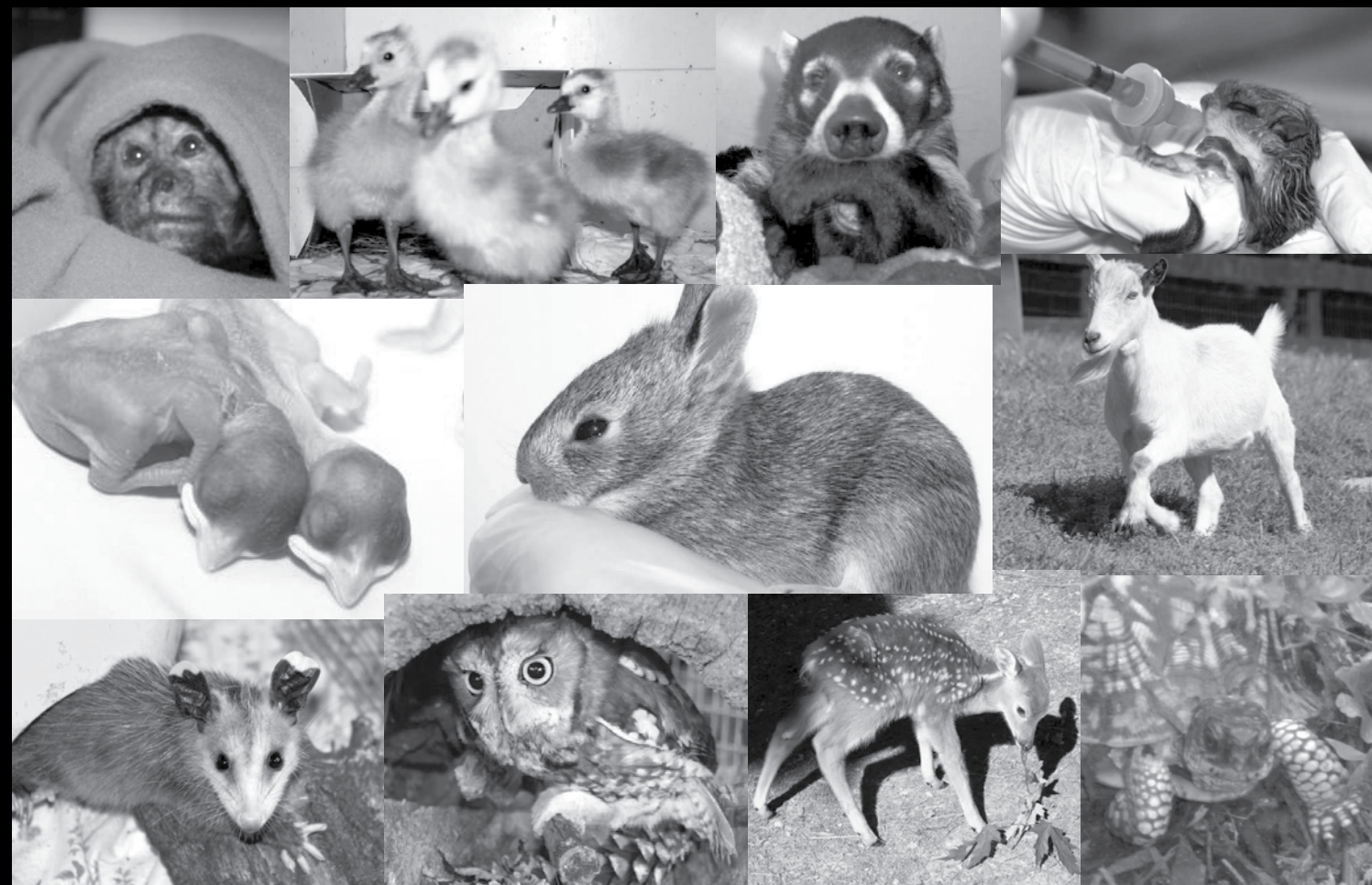
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Want to find out more
information about becoming
a gold or silver sponsor?
www.friskys.org

THANK YOU BONUS STAGE MARATHONS!

In March we were contacted by Mark Davis of Bonus Stage Marathons. Bonus Stage Marathons is a video game marathon group running out of Maryland dedicated to playing games and raising money for good causes. They had chosen Frisky's as their Charity for their DRAGON QUEST MARATHON, that was scheduled for April 8. In the end they donated \$1,403.30 to Frisky's. This amount was over their goal amount.

Thank you to everyone involved for your generosity. Here is their website for all you gamers out there <http://bonusstagemarathons.blogspot.com/>. Please check them out and help them to make their next gaming event a success.



SAVING THE LIVES OF WILDLIFE AND PRIMATES SINCE 1970

THE RESCUE RECORD

FRISKY'S WILDLIFE & PRIMATE SANCTUARY

Issue 11 • SUMMER 2010

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A SPECIAL THANKS

to our fantastic gold and silver sponsors
along with our Friends of Frisky's

Visit us online at
www.friskys.org

MONKEY BUSINESS

BETTER BUSINESS PRACTICES LEARNED
THROUGH MONKEYS

GUESTS

In 2010, Maryland experienced two record breaking snowfalls within the same week during the month of February. Where I live in Ellicott City, about 4 ½ feet blanketed the ground and fairly made every neighbor's yard look as good as the next. On the first day, many remained inside because shoveling seemed futile. It seemed to be accumulating as fast as you could shovel. When the first blizzard ended on the second day, you could see people starting to come out to work on their driveways. You couldn't walk over to chat, because you couldn't get there. By the third day, a few paths had been dug between neighbor's houses. The neighbors to the right of us lost their power. They did not take us up on our offer to sleep in beds in a warm house, but they made sure they could get here for the Super Bowl. So, the Super Bowl Trail was dug and was a vital part of us all keeping our sanity! We still did not have access to the road and hadn't seen a plow in a couple of days. In our hunger to connect with other people, Facebook was hopping with all the other snowed in Marylanders. Most people were in the complaint mode, feeling victimized by Mother Nature. Being snowed-in here in Maryland is just such a rare occurrence. People did not know how to just BE with it. We are called *Human Beings*, but most of us are far from it. We are mostly *Human Doings*.

During the storms, I checked in at least twice per day with the Sanctuary to make sure everyone was okay. Colleen and Scott still had 75 animals to care for, with many of them living in outside enclosures. They certainly could not just sit and BE with the storm. Lives were depending on them to be fed and given water. It was a Major, Major effort for just two people to dig trails and to be able to get to everyone and make sure all the animals were still secure and no damage had been done to any of the enclosures.

On about the third day, while everyone was complaining on Facebook and planning island get-away's to take them to warm sunny places, Isadora went through her tunnel to the outside part of her enclosure to check on her terrain (Isadora is a Black and White Capuchin Monkey, born November 22, 1996). What was her reaction? She screamed! She screamed at the snow! If she were on the World Wide Web, you would have seen very upset posts from her on Facebook!

Many Maryland business owners had to shut down for a couple of days. Even if they could get to work, most of the staff and customers could barely get out their front doors. The Governor was urging people not to drive. In Washington, federal agencies stayed closed for four straight days. Some counties and suburbs even pulled the plows off the road because of unsafe conditions. Reactions to all of this went from one end of the scale to the other. While some were able to take advantage of this time to increase internet sales and networking, others were worried, frustrated, antsy, or angry. The truth is, on any typical day, snow or no snow, we can experience these same emotions. The last four emotions I listed feel unpleasant. Trying to ignore those feelings can often make them even worse. How can one shift to a more pleasant, positive feeling emotion when they are in the midst of anger or upset?



Isadora

Acknowledge the anger. Don't ignore it.

Emotions just want to be heard. They want to be recognized and until you recognize the unpleasant feeling emotion, it will stick around. They are just like people. Imagine each one of your emotions as a guest that shows up at your house. Some you would like to have stay for a long time. With others, you want their visit to be brief. Author, speaker, and Co-founder of the Tai Sophia Institute in Laurel, MD, Dianne Connelly, shares a practice for acknowledging unpleasant emotions in order to shift them to more pleasant feeling emotions. Let's say *anger* shows up as your guest today. You say, "Oh hello Anger, I know you. You have been here before. Come on in and we'll have a cup of tea together. But you can't stay all day. I'm expecting other guests." It is amazing how quickly anger will leave once you have recognized and honored him as a guest for a short visit.

Rumi, a 13th-century Persian poet, jurist, theologian, and Sufi mystic, offered this wisdom so long ago in his Poem, *Guest House*:

Rumi - Guest House

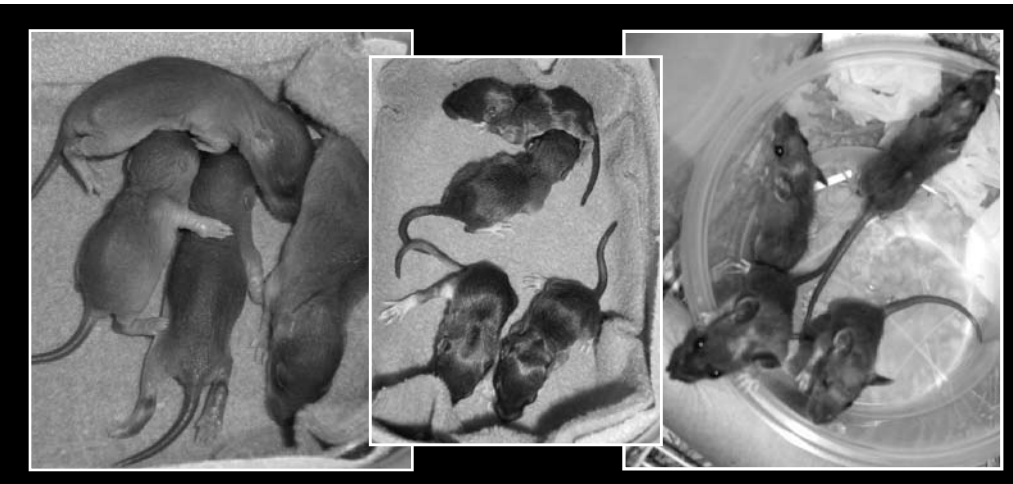
*This being human is a guest house Every morning
a new arrival. A joy, a depression, a meanness, some
momentary awareness comes as an unexpected
visitor. Welcome and entertain them all! Even if they
are a crowd of sorrows, who violently sweep your
house empty of its furniture, still treat each guest
honorably. He may be clearing you out for some new
delight. The dark thought, the shame, the malice,
meet them at the door laughing, and invite them in.
Be grateful for whoever comes, because each has
been sent as a guide from beyond.*

So Isadora, our Capuchin teacher in this column was just honoring one of her guests. And this guest did not stay all day.

Heather Wandell is a Certified Laughter Leader with the World Laughter Tour and is the CEO of her own company, Another Way To See It (www.anotherwaytoseeit.com). Heather is also the Director of Community Outreach at Frisky's Wildlife and Primate Sanctuary in Woodstock, MD (www.friskys.org). She can be reached at haw@anotherwaytoseeit.com. Please e-mail Heather if you would like to receive this column monthly by e-mail. Copyright © Another Way To See It 2009.



Heather Wandell



SMALL, HAIRLESS & HELPLESS

One day while taking one of our animals to the vet. I was given a small box, I looked in and there were 4 tiny hairless, blind rodents in it, what kind you ask? At that age you really can't tell. Dr. Gold said "want to give them a try?" Always up for a challenge, I said of course. People are always dropping off injured or orphaned wildlife at his office. It's rare this time of year if I go to his office that I don't have animals to bring back to the Sanctuary with me.

So home I went. I now had 4 little ones to raise. These guys were really small only 8 grams a piece. You always hope for the best with babies this size. There are so many things that you don't know. Where were they found, how long has it been since they last ate, being that small they are usually dehydrated, and that alone can kill in a very short period of time.

Week 1, fluids first, they were a little dehydrated. Now feeding round the clock every 2-3 hours, animals this size are hard to feed, they are so small they take time because you can't feed them too fast or they will aspirate formula into their lungs. That will kill them. You pretty much have to give them a drop at a time. I made it through the first week and all 4 were still with me. Everyday they changed a little

more. Hair, they were starting to grow hair.

Week 2, finally some sleep, they only needed to be fed every 4-6 hours. Feeding was going a little faster as they were growing. By the end of the second week they all had full coats of brown fur, their eyes were now open, and they were growing fast.

Week 3, Yeah, only have to hand feed them formula 3 times a day. They are now able to drink formula on their own out of a shallow bowl. I am starting to offer them natural foods, grasses, seeds, also rodent food. They are continuing to change everyday. Their coats are now starting to change again. It is amazing the changes that happen from week to week.

Week 4, they are now eating all the foods that they would find in the wild. They are over grooming and losing a little fur because of that. So it is time for them to go. I found a great spot with lots of grass, underbrush, and a stream. They had everything that they would need.

Was it hard work, Yes. Was it rewarding, Absolutely. What were they? House Mice.

What is man without the beasts? If all the beasts were gone, men would die from great loneliness of spirit, for whatever happens to the beasts also happens to man. All things are connected. Whatever befalls the earth befalls the children of the earth."

— Chief Seattle, and Duwamish

ADOPTION CORNER

Frisky's is looking for loving "forever" homes for our adoptable animals. If you are considering adding a new family member please choose adoption. If not at Frisky's, consider another rescue organization. There are many wonderful animals looking for their "Forever" home.

Available for adoption:

Goffin Cockatoos, Moluccan Cockatoo, Umbrella Cockatoo, Rabbits, Gerbils, Pygmy Goats

Meet Tinker

Tinker is a very handsome tan and black neutered male rabbit. He was given up by a family that could no longer care for him. He is very friendly and calm, and he would love to sit in your lap so you could pet his soft fur. Please help Tinker to find his forever home.



Tinker

For the most current list of available animals, Please go to www.petfinder.com

GIZMO

Gizmo had a 6 month check up this past month. Unfortunately, we found out that he is Diabetic. Gizmo is Insulin dependent and will now have to have insulin injections 2x a day. So far he is adjusting well to this new chapter in his life. However, his health issue will add to the monthly medical cost at Frisky's. We would like to find someone who is interested in sponsoring one of our Diabetic Primates by covering the cost of their insulin for a month. If you think you are that person, please contact the Sanctuary.



Thank you for making the lives of those in need, a little more cheery

MEDICAL

>> Pedialyte Fluid Replacement (unflavored)
> Exam Gloves
Bandage Wrap
KY Jelly

FEEDING

> Cat Food (Dry/Canned)
> Dog Food (Dry/Canned)
Jar Baby Food
Timothy hay
Gerber Pasta Pick Ups
Dry Cereals (Less than 3 Grams Sugar)
Nuts (All Kinds, Prefer No Salt)
Fruits & Vegetables (Fresh & Canned)
Juices (Light & No Sugar Added)
Dry Pasta
Minute Rice
Wild Bird Seed

CARE

> Baby Wipes
> Avian Mite Spray
> Flea & Lice Sprays, Powders, Dips, Foggers & Bombs
> Sevin 5% Dust
Heavy Duty Pet Dishes
Kitty Clay Litter (Plain) NOT Clumping
Frontline
Plastic Baby Bottles & Nipples
Pet Water Bottles
Bottled Water

HOUSE AND BEDDING

>> Blankets, Sheets, Towels, Linens (New or Used - Must Be Clean)
Crittter Care Bedding
Bird Toys & Baby Toys

HOUSEKEEPING

>> Simple Green Cleaner
>> Disinfecting Wipes
>> Paper Towels
> Clorox Clean-Up
> Plastic Buckets
> Rubber Gloves
> Liquid Hand Soap
> Garbage Bags
> Zip Lock Bags (All Sizes)
> Plastic Buckets
Clorox Bleach
Scrub Brushes
Sponges
Antibacterial Dish Detergent
Tide with Bleach
Glass Cleaner
Baking Soda
Baking Soda
Hand Sanitizer

MAINTENANCE

> Batteries (All Sizes)
Flashlights
Pressure Washer
Diesel Generator

ADMINISTRATIVE

#10 Envelopes
VHS Tapes

MISCELLANEOUS

Big Fish Net Poles
Animal Catch Poles
Smoke Detectors
Fire Extinguishers
Heavy Duty Ropes
Bungee Cords

> GIFT CARDS

Wal-mart, Sam's Club, Costco, Home Depot, Lowes, Pet Stores, Grocery Stores, Office Supply
ANY and ALL cards can be used.

>> = URGENTLY NEEDED ITEMS
> = Most Needed Items

If you have a question about a donation not listed please e-mail friskyswildlife@yahoo.com
Revised 06/25/2010

How Can You Help Frisky's?

Charity Campaigns at Your Workplace

Fall is right around the corner it is time for your workplace Charity Campaign season, for all Federal, State and City employees. Last year was a great year for the campaigns, Thank you so much for making it a great year. We would like to make this an even better year. Like last year we will be at some of the events, stop by and see us.

As always, EVERY dollar you donate to Frisky's goes directly to animal care. Frisky's has NO paid employees, everyone involved with Frisky's is a volunteer. Thank you for your continued support.

Combined Federal Campaign (CFC) #37712
Maryland Charity Campaign (MCC) #7450
Combined Charity Campaign (CCC) #7684

Thank you for Supporting the Help the Animals—Help Haiti Campaign that we ran during the months of March and April. For every \$10.00 donation made to Frisky's through using PayPal on our website, Frisky's donated \$1.00 to Haitian Disaster Relief. We were able to send \$196.00 to UNICEF.

Thank you to our Veterinarians for your continuing service to Frisky's

Dr. Keith Gold
Chadwell Animal Hospital

Dr. W.R. Rosenberger
Reisterstown Veterinary Center, Inc.

Dr. Mike Cranfield
Baltimore Zoo & Mountain Gorilla Project

As always, you can go to our website and safely donate through paypal!



WHAT CAN I DO?

Frisky's is a 501 (c) 3 Organization. Frisky's DOES NOT receive any county, state or federal funding. Frisky's survives only by public donations. All proceeds and donations go directly to the care and welfare of the animals. Please donate an item from the wishlist, or write us a check! Donations, no matter how small are always needed, and they do make a difference. There is a mailbox / bin in the circular driveway at Frisky's where donations may be dropped off.

www.friskys.org • friskyswildlife@yahoo.com

DONATION RECORD

FRISKY'S WILDLIFE & PRIMATE SANCTUARY, INC.

10790 Old Frederick Road • Rt. 99 • Woodstock, Maryland 21163

Your donation is 100% Tax Deductible
Retain this receipt for your records.

DATE _____
 CASH \$ _____ GOODS \$ _____
 CHECK \$ _____ CHECK # _____
(DESCRIPTION OF GOODS)

Thank you for your Support!

DONATION RECORD

FRISKY'S WILDLIFE & PRIMATE SANCTUARY, INC.

Please remember to detach this form and leave it with your donation so we can thank you.

10790 Old Frederick Road • Rt. 99 • Woodstock, Maryland 21163

DATE _____
 YES, You can count on me to help support your efforts to care for the animals of Frisky's!
 My check/gift is enclosed. Donations are tax deductible to the fullest extent of the law. Frisky's is a 501(c)3 organization and receives no financial support from federal, state or county government.
 CASH \$ _____ GOODS \$ _____
 CHECK \$ _____ CHECK # _____
(DESCRIPTION OF GOODS)

If you are interested in collaborative opportunities or donating your time and expertise, please write us with your thoughts, call or email Frisky's.

We try very hard to use your contributions for the most urgent need at the time we receive them. If you would like to restrict this contribution for a specific project, please mark here. _____

NAME _____
ADDRESS _____
PHONE _____

With a donation, your name will be placed on our mailing list to receive The Rescue Record.

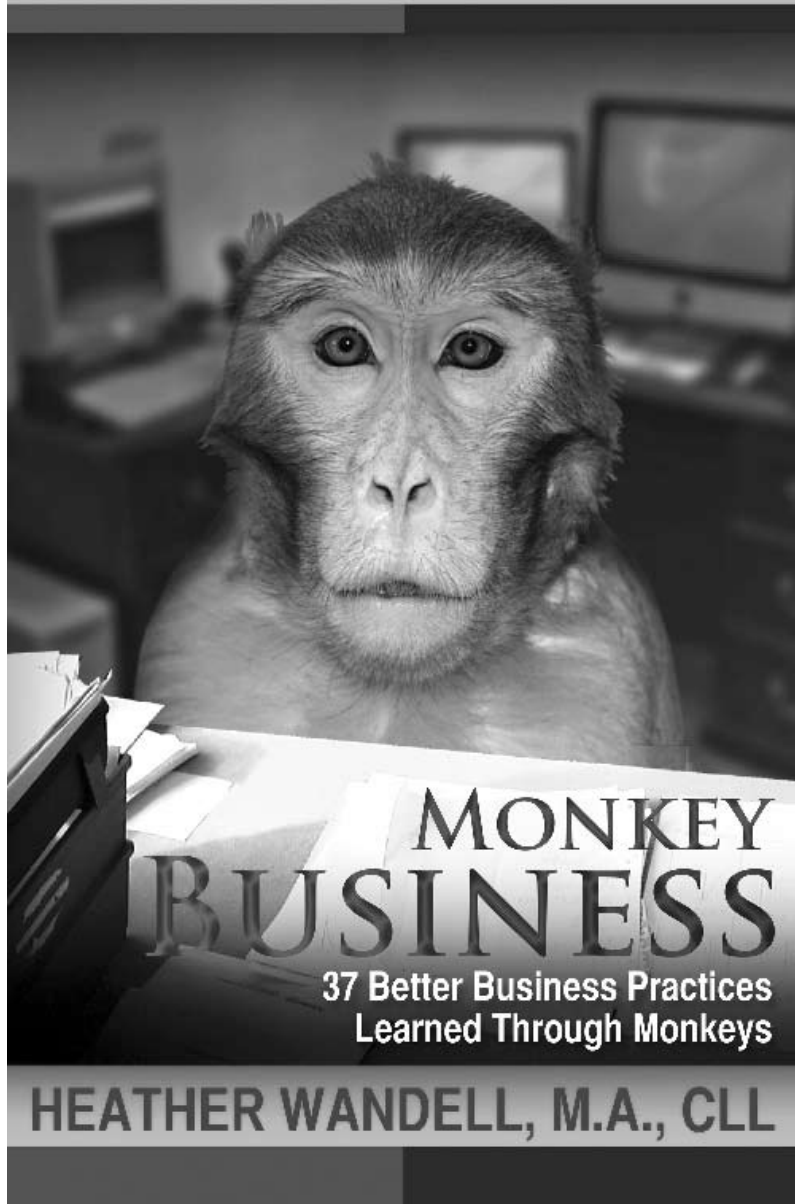
MONKEY BUSINESS

BY HEATHER WANDELL

Kiko is the cover boy for a new book that will soon be available to the public. Kiko is a male Rhesus Macaque Monkey born on March 6, 1995, who arrived at Frisky's from a small town in Iowa on January 27, 1999. Heather Wandell, the author of *Monkey Business—37 Better Business Practices Learned Through Monkeys*, is Frisky's Director of Community Outreach and serves on the Board of Directors for Frisky's.. Heather says "The book offers practices for the workplace. I see life as our workplace. Our life is our business and we are the leaders of our own life. How we operate in one realm, meaning workplace vs. personal time, will affect the other realm. To me, separating how we behave in these two areas of our life is like separating body from mind. Transformative leadership practices change the way we offer ourselves to the world, our families, our neighbors, our friends, and how we operate in the workplace. As we change as individuals, the situations around us begin to change as well. We are the creators of our story, our life, and our experience. And it takes steadfast mindful practice."

The description on the back of the book reads: Heather Wandell has observed thousands of hours of human workplace behaviors and hundreds of hours of monkey behaviors---and has found there is a connection! While working on her Masters Degree in the Applied Healing Arts at the Tai Sophia Institute in Laurel, MD, Heather began to sense a deeper awareness of the human connection with nature. Knowing that we are all here sharing this earth time together, Heather began to see that the earth's beings can learn from each other. As a volunteer at Frisky's Wildlife and Primate Sanctuary, Inc. in Woodstock, MD, Heather found 24 teachers and they happen to be non-human. Each of the 37 stories in this book are true observations and interactions with the monkeys who live at the sanctuary. The monkeys are all pet give-ups, who, although have been imprinted with human care, are still governed mainly by their natural wild instincts. Heather cleverly makes the connection to their behavior with a healing or unique business or personal practice that may help to move life forward.

AN ANOTHER WAY TO SEE IT BESTSELLER



10 Reasons to buy this book:

1. To put a new practice into your life that may bring relief to your own mental suffering.
2. To Shift the energy in your workplace or personal life.
3. To break down barriers.
4. To realize that YOU are the agent for change in your life.
5. To consider a new possibility.
6. To gain a new understanding of relationships.
7. To increase your flow of creativity.
8. To notice that there are teachers everywhere.
9. To make you pause long enough to go "Hmmm...."
10. To give a second chance at life.

The book should be available in Septembert of 2010. We will post the release on our website www.friskys.org

WHY SAVE BATS? BY BAT WORLD

Roughly one of every four mammals on the earth is a bat. Consider this: if your day includes soap, toothpaste, cosmetics, coffee, margarine, chewing gum, candles, paper, ink, wood, fuel, rope, twine, rubber, spices, vegetables, fruits, chocolate, margaritas, air fresheners or even life-saving medicines, you are not only involved with bats, you are likely dependant upon bats.

Bats are among the most beautiful and beneficial animals on the earth. They are clean, gentle and intelligent. They are not blind, they do not try to become tangled in hair, and they are not rodents. Bats are of the mammalian order Chiroptera, meaning hand-wing.

Bats are vital for healthy ecosystems and enhance our lives in many ways. Fruit and nectar bats bring us approximately 450 commercial products and 80 different medicines through seed dispersal and pollination. Up to 98% of all rainforest re-growth comes from the seeds that have been spread by fruit bats.

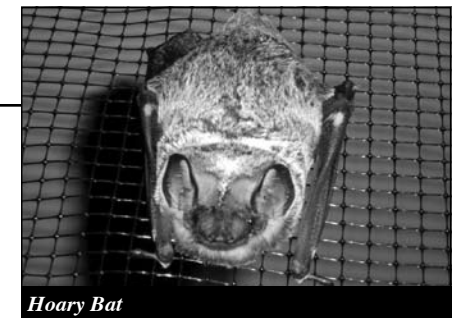
Insect-eating bats are literal vacuum cleaners of the night skies, eating millions upon millions of harmful bugs. They protect us by eating insects that destroy crops as well as insects that cause human disease.

Yet for all they do, bats are continually killed due to myths, superstition and fear. The life expectancy of a single bat may exceed 20 years, but slow birth rates limit their population growth. When just 5 bats are needlessly killed, a potential 100 years of animal life is destroyed. Over half the bats in the United States are listed as rare, threatened or endangered.

If you are interested in learning more about bats or what you can do to help them go to www.batworld.org.

Reminder: **NEVER** rescue a bat bare-handed. **ALWAYS** wear gloves.

For information on bat issues you may have if you live in Maryland please go to: http://dnr.maryland.gov/wildlife/Plants_Wildlife/bats/batsinhome.asp



Hoary Bat



Red Bat



Little Brown Bat

HAWK EXPERIENCE BY ANDREW ENDERS

When I first started working at Frisky's it seemed as if every volunteer had their own species of animals with which they worked most closely, so I knew it was only a matter of time before I would discover my own. After about two weeks of volunteering, I was introduced to what could only be described as a two large cotton balls. In fact, they were two orphaned hawks that were once nest mates. In an opportune moment Colleen introduced them to me in the hopes that I would undertake the role as their conditioner.

The babies were having trouble getting around because they weren't standing up, which was also causing them to have to be force fed. After working with them for nearly thirty minutes under Colleen's supervision, she could tell that I had found my niche and already the hawks had tugged on a few of my heartstrings.

As the weeks went by it seemed like progress was being made very slowly. Two more hawks had been added to the enclosure, so I was trying to teach four babies how to stand, walk, and eventually perch. Over time however, the hawks began to understand that I was there to help, rather than harm them and

they took to my presence. Then progress really started to be made. It seemed as if overnight the hawks lost their baby fluff, grew taller, gained weight, and were up walking about without any aid. By the next week they were all perching and beginning to fly. I was really excited to see the progress "my boys" had made, but I was a bit put off at the same time; if they were beginning to fly, they'd soon be leaving.

It's a dilemma any rehabilitation care provider faces-the bitter sweet end to a relationship. Working with the hawks has been the most rewarding experience I've had with the animals at Frisky's. From the time they took their first step to their first flight I was awed by their majesty and power. The two little cotton balls I had a few weeks ago had been replaced by two predators.

The hawks were all released by Colleen, Bonnie and I on the first of July. They took flight without so much as a second glance at those who had provided care for so many weeks and I'd have had it no other way. We came into each others' lives because a second chance was given to them and I was glad to be part of that.



Summer 2010

Hello, from the Founder of Frisky's "A Special Message"

I really hope this letter finds you all surviving the heat of this summer. For many years our neighborhood has continued to grow. I have met so many of my new neighbors! Wow, I strongly believe communication is out there. Word of mouth, to the World Wide Web. Because you have found us and believe in the team work of Frisky's. Happy, Healthy, and Thriving is what we want for our wildlife.

Please look over our Wish List. Check out what you can do - from donations to adoptions. We are looking to also raise funds to refurbish our fences, enclosures, and buildings. See what you can do to embrace the needs of Frisky's.

I run around here so much I have blisters on my feet. My back goes out, but I don't. I'm a professional and do what needs to be done. But I sure could use your help.

Thank you!

Colleen Layton-Robbins

WHY CAN'T I KEEP HIM?

Compassionate people are often tempted to take into their homes that baby squirrel or bunny they found orphaned in their back yard and care for it themselves. When temptation arises, please ask yourself, what is the best thing I can do for this animal? The stress of living inside a house with all its foreign sounds and movements is enough to cause an animal to die, who might have otherwise survived under the proper care and conditions offered by trained Wildlife Rehabilitators. Many wild animals carry parasites that can cause serious illness to humans and perhaps kill the family dog. It is illegal to take a wild animal into captivity for any reason unless you have the proper licenses and permits to do so. Remember, when finding an injured, orphaned, or abandoned animal, every hour counts. Please contact your local wildlife rehabilitation center for information on safe capture and transport.

Frisky's is open 365 days a year for taking in injured or orphaned wildlife. Our hours of operation are 8am to 8pm. Please be respectful of those times and not come before we open at 8am or after we close at 8pm.



IF YOU SEE A TURTLE IN THE ROAD HELP THEM FIND THEIR WAY AND REMAIN WILD

Have you ever been driving down the road when that tire fragment in the distance begins to move? As you get closer, you realize that the tire fragment is actually a turtle, slowly attempting to cross the highway.

Turtles often make this perilous journey to get to a good, sunny location with loose soil in which to lay eggs, and to return back to familiar territory—be it a woodland, pond or desert burrow. It is in just this situation that so many turtles lose their status as wild animals and are consigned to an unnatural, and unnaturally short, life in a back yard. By all means, help that turtle cross the road in the direction she (or he) was heading, if you can do so safely. But then leave

her in the wild where she belongs.

The collection of turtles by passers by seriously contributes to the ongoing population declines in many species. Turtles and tortoises are particularly vulnerable to collecting, since they are slow-moving and generally non-aggressive.

Likewise, their populations are vulnerable as well. As is typical of long-lived animals, turtles are slow to sexually mature. They lay relatively few eggs, and mortality of eggs and hatchlings is frequently very high. In addition, their habitat is increasingly fractured by roads and carved up into housing developments and shopping centers, causing local extinctions. Thus every turtle who survives to adulthood is critical to his population.

Turtles are said to make good pets, yet they have specific dietary and habitat requirements and can pass diseases, such as salmonellosis, to humans. What's more, their attempts to escape from backyards and return to familiar territory puts them at tremendous risk of being crushed in the road.

The HSUS believes that wild turtles belong in the wild. Help make this a humane summer by helping them get to the other side of the road—and then leaving them there.

This article was reprinted with the permission of the Humane Society of the United States.

TO FRISKY'S AND ITS PATRONS

It is with great honor that I write this reflection of my time spent at the sanctuary this summer. I wasn't sure of many things before beginning at Frisky's, except for the fact that if you're working with animals you're bound to get messy and have the time of your life.

It wasn't long after starting that I began to notice other aspects of my volunteer work I hadn't considered. Under Colleen's esteemed and diligent counsel the group of volunteers worked together effortlessly. The transition from the "new guy" to an "old hat" was seamless. I really felt as if I was going to visit old

friends every time I went to "work."

Likewise, my animal family grew the more time I spent at the sanctuary. Over time I could see my confidence working with wildlife and their trust in me grow. This was an unforeseeable gift because I hadn't considered that wildlife could have such complex and developed personalities. Buddy the cockatoo really became my friend; whereas, Sweetie, I soon learned, did not live up to her name.

Despite all the wonderful memories and the indescribable sense of accomplishment and bliss upon seeing the animals get returned

to nature, I must say Frisky's has given me a greater gift-opportunity. I've always aspired to be a veterinarian, which is a difficult field to enter. Colleen's enthusiastic volunteer program gave me the opportunity to learn about and experience the wonder of wildlife rehabilitation. Now, I'm even considering going into wildlife medicine. Frisky's has helped me work towards achieving my life's goals and given my life direction, which is more than I ever could have asked of it.

Andrew Enders